

## **Judy Beard transcripts**

### **PHYSICAL WORK**

#### **Judy Beard reveals that working the mail can be dirty business.**

It appears to be a job that is not exactly blue color, because it doesn't appear to be a dirty job, but the plants are very dirty. They, uh, you dress in blue jeans or t-shirts or sweat shirts, but when you get home at night, when you shower, you realize how much dirt actually exists in the plant. And this would always frighten me, that you don't always see dirt, but it is a very dirty place. And dealing with mail, period, you never know whose hands have been on the mail, and you know washing your hands often caused the women I worked with their hands became very hard and scaly and some of them even broke out. So they started wearing the gloves while they were working But some jobs it was awkward and you don't work as fast with gloves on. It was a different experience. Thanks to the union, who really continuously worked to ensure that our rights were protected, and it make a huge difference in my life and my friends' life, and every postal women's life today.